

2017 CSG Retreat

4/29/2017		4/30/2017	
TIME	SATURDAY	TIME	SUNDAY
7:00-8:00	Setup	7:00-8:00	Breakfast checkout of the room - bring bags to conf room or put in car
8:00-9:30	Snacks, Coffee Registration Ice Breaker Social /Participatory #1	8:30-9:30	First Step Speakers/ two of them (20 minutes each) with 20 minutes feedback
9:30-10:45	Session 1 -Patrick R - Lassoing the Tornado - A Sure Fire Path Toward Sexual Health	9:30-10:00	Break
10:45-11:00	<i>Break/Participatory #2</i>	11:00-12:00	<i>Closing/Time to Reflect on Weekend together</i>
11:00-12:00	Session 2 - Small group sharing ~6ppl per group Stepping 1-2-3 Claudia	12:00-1:00	Lunch at the Rustic Café Optional-all welcome
12:00-1:30	Lunch		
1:30-1:45	<i>Participatory #3</i>		
1:45-2:45	Session 3 Choose A or B A - Lessons from the Trenches - Sponsorship Peter S OR B - Tools of Recovery -Open		
2:45-3:00	<i>Participatory #4 / Break</i>		
2:15-2:30	<i>Break</i>		
3:00-4:00	Session 4 - Choose A or B A - Emotional Sobriety (Bill W) Steve R OR B - Post Romanic Stress Disorder - Julie K		
4:00 - 5:00	Fellowship time - Hike (Aaran) or Guided Meditation (Steve R)		
5:00-7:30	Dinner		
7:30 - 8:30	Male / Female Breakout Meetings		
8:30 - ?	Something fun TBD like Rollerskating, Smores by the fire,		